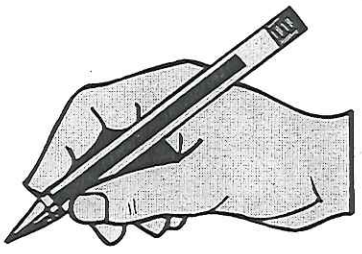
Aventa
Addiction Treatment for Women

My Comments on Aventa's program and my experience with them:

Your testimonials are vital in helping other women who may be struggling with an addiction seek help. Your testimonial also educates the public about addictions and about the services available to women. If you would NOT like your testimonial to be used in Aventa publications, please check mark the box below. Note that only first names will be used. Testimonials not used in publications will be used as feedback to Aventa staff, to help improve our programs. Thank you.

I honestly can only think of good things to say about Aventa and the staff here. The councellors of Aventa have saved my life and the lives of my children. They have taught me how to have a worthwhile existence and that I deserve good things (regardless of my past), as long as I work toward those good things.



☐ **Please use my testimonial as feedback only. Do not use in any publications.**

ENTERED 12/12/2012

610 – 25 Avenue SW, Calgary, Alberta, T2S 0L6
Phone: (403) 245-9050 Fax: (403) 245-9485

Aventa
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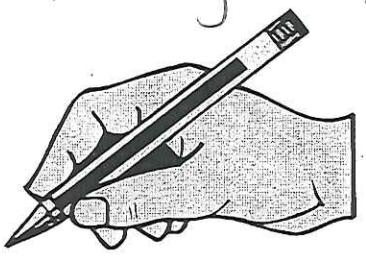
Aventa has changed my life forever! My perspective on life has expanded beyond belief. I know who I am today, I love myself, I am joyous, and full of peace. The women I've met here will always be a part of my life. I can trust others and see the beauty in every person. Staff was exceptional! They are all passionate, kind and motivated everyday they are here. I will always thank Aventa for teaching me how to live, love, and enjoy the serenity of life.

Bridget V.



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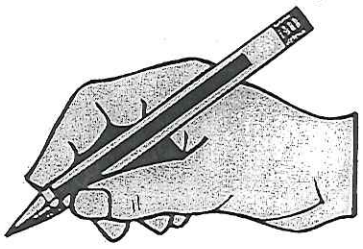
The Aventa program is directed at women. The counsellors are receptive and give educated direction. The six-week program is intense and meets the needs of recovering addicts.



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ENTERED 12/23/2012

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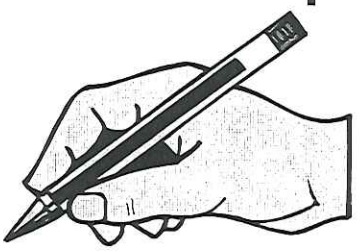
Aventa has changed my life, Aventa has helped me to learn to actually live my life instead being hollow and numb, walking around in a shell. Aventa was the best decision I have made for myself. I have become a new woman and I have a new found future ahead of me.



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ENTERED 12/04/2012

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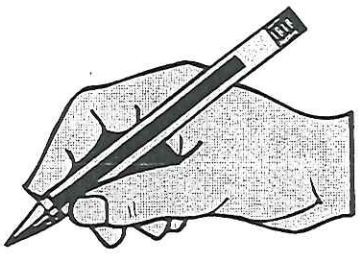
When I first came to Aventa I was scared and nervous of what was to come. My Anxiety was fear based. In the beginning I would fight the process but with help of my Counsellor and my group they assured me it was safe to be vulnerable. I formed a trust and broke through my fear. This is the begining of a long beautiful life.



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Aventa
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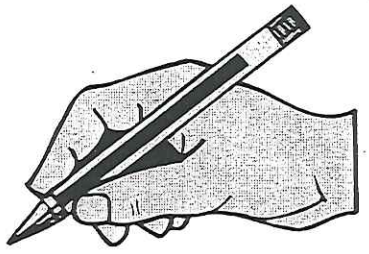
I came in broken and lost. ~~I'm~~ With the help of aventa staff and counsillers I have found myself. I can say today that I love myself and I wasn't able to say that before. If you are struggleing ~~and~~ lost and broken Aventa can help. Aventa saved my life and for that I am forever greatful.

Thank You
Aventa
Meta



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