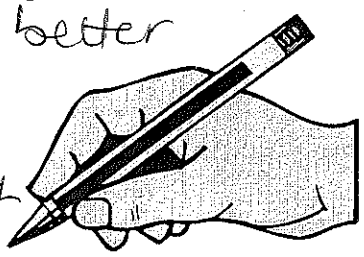
Aventa
Addiction Treatment for Women

My Comments on Aventa's program and my experience with them:

Your testimonials are vital in helping other women who may be struggling with an addiction seek help. Your testimonial also educates the public about addictions and about the services available to women. If you would NOT like your testimonial to be used in Aventa publications, please check mark the box below. Note that only first names will be used. Testimonials not used in publications will be used as feedback to Aventa staff, to help improve our programs. Thank you.

Coming into Aventa, I didn't know what to expect, but I didn't expect to change as much as I have. I was angry, impatient and conceited when I walked in and I'm walking out relieved of anger, with a lot more patience and confident. I can never thank Aventa's Counselor enough for listening, giving feedback being patient and genuinely caring about me. They have given me love, care and hope for a better future. I feel ready to take on life and for once I'm happy to do it. Thanks Aventa.



☐ **Please use my testimonial as feedback only. Do not use in any publications.**

09/19/2012

610 - 25 Avenue SW, Calgary, Alberta, T2S 0L6
Phone: (403) 245-9050 Fax: (403) 245-9485

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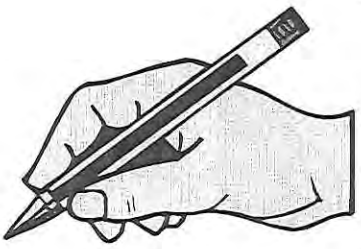
You will gain what you want out of the program if you do the work that has been offered. Have faith in yourself and your Higher Power. Don't hold back and be honest and open minded.



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09/18/2012

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[redacted] I am very grateful to Aventa Staff for all the huge support, Trust and Believe In me. This was a honor for me to have Aventa Staff and Program save my life. The encouragement, the compliments and no judgements is what helped me.

In the beginning I truely did not want to Stay, I wanted to Runaway, I was so scared of facing myself. My demons, My insecurities My addict. Then one day with all the poking and how do you feel today, I had a break through. Wow that was huge, then the tears anger, fear, love began to shine through.

All I can say today I am so grateful for All Aventa has done for me.

Sincerely [redacted]

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March FORWARD Sister IN Recovery

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Having been to other treatment centers, I would congradulate the Aventa Program and staff on the inclusive development of topics pertaining to women's issues. The femail grouping allows for discussion of topics previously taboo for me in heterogrouping in treatment such as sexuality. The use of several counsellors to facilitate the small group added to the flexibility and adaptation of experts in content areas as well as the ability to work with different personalities. The residential counsellors were extremely helpful in distressing "night" time as I am a poor sleeper and do not take medication. I am ever so grateful for the residential staff's expertise as a great deal "of my work" was done on 3rd floor.

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09/10/2012

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