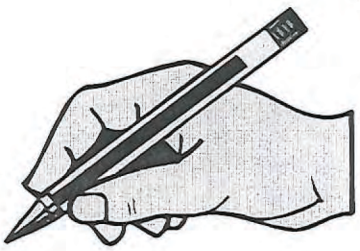
Aventa
Addiction Treatment for Women

My Comments on Aventa's program and my experience with them:

Your testimonials are vital in helping other women who may be struggling with an addiction seek help. Your testimonial also educates the public about addictions and about the services available to women. If you would NOT like your testimonial to be used in Aventa publications, please check mark the box below. Note that only first names will be used. Testimonials not used in publications will be used as feedback to Aventa staff, to help improve our programs. Thank you.

• Overall, it was a rewarding experience. I've grown so close with everyone here - it feels like we're one big family. I came in here with my walls up and not open to learning anything and I'm leaving here with my head held high and knowledge and acceptance.

Aventa helped me gain some self worth and I feel at ease leaving - I'm excited to put everything I've learned here into Practice.



☐ **Please use my testimonial as feedback only. Do not use in any publications.**

ENTERED
10/05/2012

610 - 25 Avenue SW, Calgary, Alberta, T2S 0L6
Phone: (403) 245-9050 Fax: (403) 245-9485

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When I came to Aventa, I was Angry and Uncertain of my Future. I am Now Sober 3 months. Now that I have Completed Phase II, I have Confidence and am Willing to Go Forward with Just Living without Fear. I am Going to Practice all I Have Been Taught and Forward it to my Family and Friends

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ENTERED
10/09/2012

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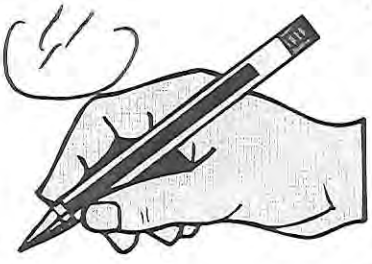
I am grateful for this program coming into my life when it did. I was ready and willing to change everything. Words can't express the gratitude I have for all the work I did and you guys helped along the way.

Thank You



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10/08/2012

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I really enjoyed the fact that this is a gender specific program for women. It has helped me get my life back. Thank you aventa!

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10/28/2012

Aventa
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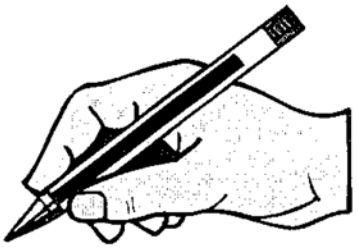
This program really helped me dig deep into my grief, and things I haven't been able to forgive myself for. I had a great group who were very supportive, and had lots of feedback which helped me grow.



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10/28/2012

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Aventa has been a savior for myself. I entered the program feeling lost and unsure of myself and this "recovery" business. With the support of an amazing female staff and centre I was able to get what I needed. I let go, opened up and felt my feelings for the first time in a safe and encouraging environment, which I'd never experienced before. I found family and true friends through my connection to the fellowships they had encouraged me to participate in. I began my journey and am stepping out of the program with confidence and belief in myself - finally! Today I feel worthy, beautiful, closer to who I am meant to be - by the Grace of God and Aventa. Thank ya!

[redacted]

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10/16/2012

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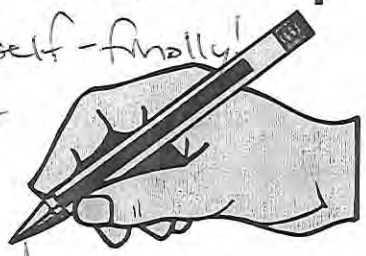

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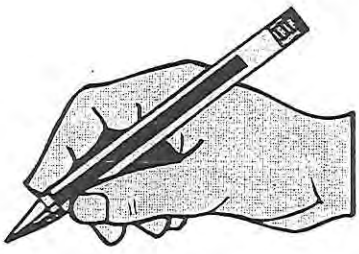
Overall the majority of staff are amazing at AVENTA.

"I now walk in the light, as you have helped me find my source of darkness."



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"My Counsellor did'nt just do a job she changed a life!"

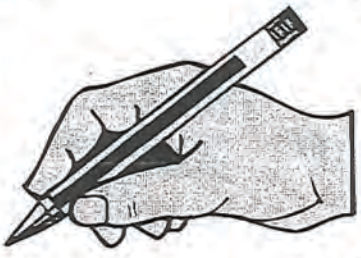
THANK YOU

ELIZABETH

Words cannot exspress my Gratitude towards you. I will never forget you!

♡ Much LOVE ♡

[redacted]



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10/30/2012

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