Aventa
Addiction Treatment for Women

My Comments on Aventa's program and my experience with them:

Your testimonials are vital in helping other women who may be struggling with an addiction seek help. Your testimonial also educates the public about addictions and about the services available to women. If you would NOT like your testimonial to be used in Aventa publications, please check mark the box below. Note that only first names will be used. Testimonials not used in publications will be used as feedback to Aventa staff, to help improve our programs. Thank you.

Before coming to Aventa my soul was lost. The prospect of life seemed bleak and dark. How was I supposed to continue on with this deep seeded secret shrouded with fear? I can honestly say today I feel whole and in control (true happiness now comes from my heart as it has been touched and healed in a way I never thought possible. The best gift I have ever given myself was the opportunity to come to aventa. ~~[illegible]~~ I now feel confident in my choices and know a fulfilling life can now begin.

ENTERED
03/13/2012

☐ Please use my testimonial as feedback only. Do not use in any publications.

610 - 25 Avenue SW, Calgary, Alberta, T2S 0L6
Phone: (403) 245-9050 Fax: (403) 245-9485

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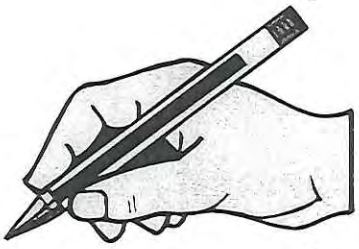
This program was very uplifting, a Great opportunity. I discovered that I had issues that I had left behind, and needed to address them. Some of the things we had to do were a litte uncomfortable. but very helpful, I found it to be very emotional but eye opening experience. I would hope any women get the same out of this as I did.



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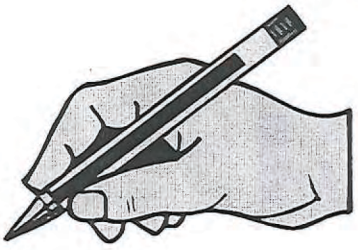
Aventa wasnt just a place to get clean and sober but a place to heal. Physicaly, mentaly and spiritualy. Thank you from the bottom of my heart to the staff and my peers. God Bless you all.



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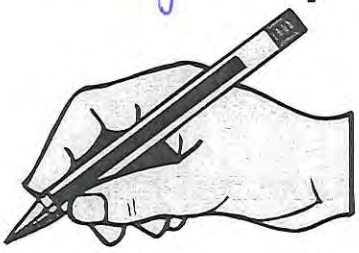
I was in a dark dungeon with no chance of hope, till a friend of mine graduated and told me to start to believe that there is a ray of sunshine called Aventa and if I can take baby steps towards the light where there is hope for me called Sobriety



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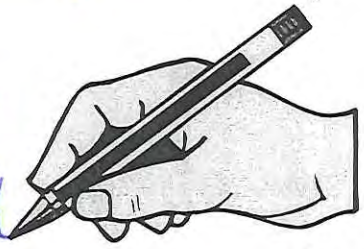
Aventa Treatment Centre has changed my life. The support of the staff and my group has helped me to learn Trust, openmindedness and accountability. The diversity of "sisters in pain" has helped me to expand my thoughts and awareness! I have learned tools that will help me continually in my life

I am so very grateful for this experience + growth



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When I arrived at Aventa I was unsure what to expect but a 360° change was not one of my expectations!

I came here a very empty, confused and angry woman. I had come to my perverbial bottom after a 26 year run with alcohol and opiates. The only thing left was my body and God.

Having spent 6 wks with open mind and sincere heart I have found that this programe of recovery has helped me. See the reality of my life. The chaos and distruction of my addiction; the continous cycle of which I had no control. It has allowed me to take those layers off and become the woman I'm intended to be; to see myself for the first

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time in my adult life. What a relief. to know my addiction does not define me anymore. The tools I have received here will help me maintain that dignity I now have to develop this beautiful, sincere, intelligent, loving and compassionate woman I am

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