Aventa
Addiction Treatment for Women

My Comments on Aventa's program and my experience with them:

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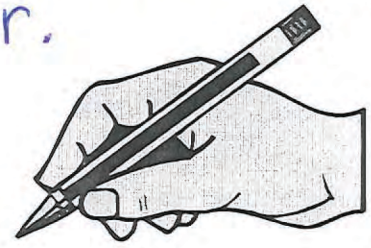
It has been a wonderful experience here at Aventa. I was scared at first but as it got closer to the end of my six weeks here, I realized how happy it made me. In the end there was nothing to lose and I gained so much knowledge and support. The staff and councellors are very supportive and the programs offered here at Aventa are great. I really appreciate everything that Aventa has allowed me to conquer.

Thank You



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06/05/2012

610 – 25 Avenue SW, Calgary, Alberta, T2S 0L6
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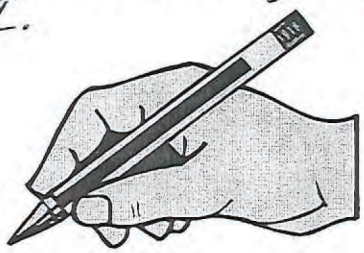
When I came to Aventa, I was at rock bottom. I felt no sense of purpose and didn't care whether I lived or died. At Aventa I have great counsellors and great support. I am learning more about my addictive behavior. There is a lot of digging. It hurts but it is healing. I now have a positive outlook. I am on the right path. The structure, the group work, and the people are all great. Everyone has seen a real difference in me in the last six weeks. I know God is working through me and I am very grateful. I look forward to continuing my journey to recovery in Phase III.



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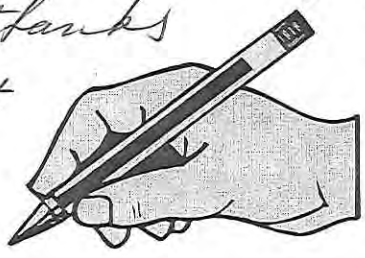
I came to a Aventa a very angry person. Full of hate, self loathing. Did not care if I lived or died. Thanks to the compassion of all of the staff at Aventa and the programs, I am leaving with hope for a better life. All it took was willingness, to be truthful trusting. I have a long way to go, I know. But thanks to Aventa I can see light at the end of the tunnel For that I am Grateful



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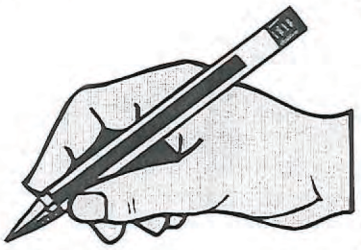
Over-All this Program worked very well for me. If you can be honest to yourself and follow all rules, you may then go with the flow. The residential staff has been warm & helpful. The counselors are fantastic. Could not have done this without them!! Thank you Aventa!!



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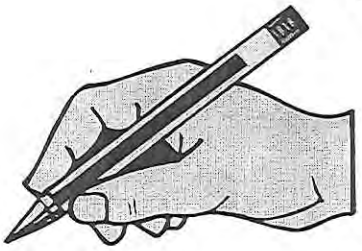
My time @ aventa was good - It was the opportunity I acess my life, my mishaps and my goals.



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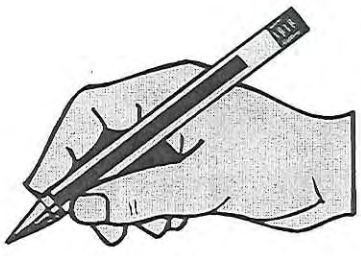
At first I didn't know why they wanted me to come here (childwelfare) I kept saying I don't have a problem and I'm not a addac I'm not like those people. And after being here for awile I know I am an addac and I'm just like these people. Being at Aventa has taught me alot about my self and life in general I'm very happy I came and I'll never forget it. I've met girls in here that I know I'm going to stay in touch with and that feels so good, because I've never had close girlfriends before.



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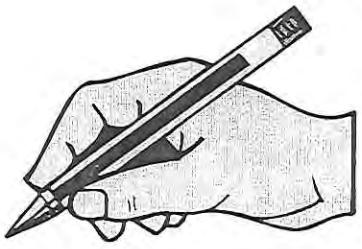
The staff were very welcoming, and I was really scared ~~over~~ but now I am so glad I came here! this program really helped me to see all my problems, and helped me to recognize all the areas that I need help! I would recommend this program to someone who needs it!



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