

My Comments and experience with Aventa's YAT, Phase II or Phase III Programs

Your testimonials are vital in helping other women who may be struggling with an addiction seek help. Your testimonial also educates the public about addictions and about the services available to women. If you would **NOT** like your testimonial to be used in Aventa publications, please check mark the box below. Note that only first names will be used. Testimonials not used in publications will be used as feedback to Aventa Staff, to help improve our programs. Thank you.

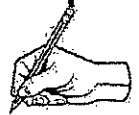
I had a remarkable experience at Aventa it is truly a amazing treatment center in which I would tell many women that struggle with trauma and addiction to come here as the staff and program has helped me in every way I needed to move forward to phase III and in my new journey in my life. Thank-you Aventa for all your help in my recovery.

My Comments and experience with Aventa's Family Program

If you participated in Family sessions, Parenting in Recovery Group or had support persons attend Family and Friends sessions, please provide your feedback which may help others who are thinking of attending this program.

I found the Family sessions to be very informative & helpful.

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Coming to ^{the} Phase 3 program with Aventa was a remarkable experience. It involves self-led learning, group sessions, relapse prevention work, and time to have experience in the community. I learned about and practiced using assertive communication to set boundaries. This 3 month program gives you the time you need to grow as a person. I would highly recommend this program to any woman who is serious about their recovery.

Thanks Aventa!

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n/a

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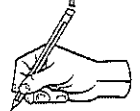
Would recommend to anyone. This program truly was the push to a greater connection with myself. The encouragement I deserved to embark on a healthier life journey. A safe space for me to heal from very hard things. Surrounded by support and the opportunity to gain new insights, tools, & self discoveries that will have impacted my life for the better. Beyond grateful.

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I now have the opportunity to explore a new, healthier, and closer connection with my mother. I am able to forgive yet feel validate and have hope for the relationship between my mother & I.

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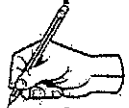
All was wonderful. Thank you

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Loved it!!



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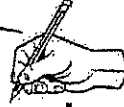
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Really enjoyed being here I learned a lot of new skills and met so many amazing women. I will cherish the time that I spent here and all of the new friendships I got to make.

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My family that attended meetings said there was lots of information and stuff they learned and got from zoom meetings 

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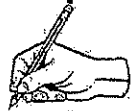
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Aventa truly helped me grow, & get over most of my trauma, it was a lovely journey I thank my counsellor & group mates.

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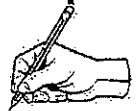
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Excellent Program.
Thank-you.

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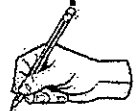
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Its life changing, a great
experience, tough but doable

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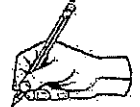
great program
glad I dont have
to do it again!

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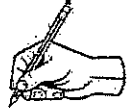
Everything was fine

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Every thing was good it went by fast

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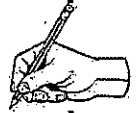
I highly recommend attending the Phase 2 program. It helped me understand my addiction and struggles a lot more. ~~Now~~ I feel a lot more positive ⁱⁿ ~~about~~ my sobriety.

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Awesome program. Some of the material would also be beneficial for non-parents. Gina was amazing!

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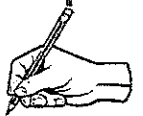
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*Aventa Staff is amazing my
experience with them was amazing
my group and counselor really helped
me slay my demons*

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