

My Comments on Aventa's program and my experience with them:

Your testimonials are vital in helping other women who may be struggling with an addiction seek help. Your testimonial also educates the public about addictions and about the services available to women. If you would **NOT** like your testimonial to be used in Aventa publications, please check mark the box below. Note that only first names will be used. Testimonials not used in publications will be used as feedback to Aventa Staff, to help improve our programs. Thank you.

When I came into Aventa I broken, sick physically and mentally and wanted to die. Aventa saved my life. I have never been through a better Program. In my ~~own~~ opinion Aventa is the best treatment program there is. I am now Sober 6 months. I no longer feel broken. I no longer feel sick, I feel more stable than ever. I ~~was~~ found a new healthy life at Aventa and I want ~~to~~ to live more than ever. I see a future for myself now and It's all thanks to this Program. Thank You Aventa for saving my life and helping me become someone I never thought I could be. I am So Grateful.

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I can't thank the people and program enough. The accommodations are adequate but not luxurious. The warmth and stuffiness dryness and dust were very uncomfortable, however I am grateful for the absolute expertise of the counsellors and support staff. The food was plentiful and very professionally prepared. It is absolutely impossible to please all of the clients all of the time. I appreciate the opportunities offered of acupuncture, guided relaxation, yoga and drumming. We did different projects and learned new games on sober fun nights. Rooms were often available to watch movies of which a large selection to choose from. I believe they really care for us and give us small challenges along the path to learn about ourselves and to have abilities we'll need in daily life.

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Thank you everyone - Travis too. At time of reading writing I haven't learned everyone's name ie: janitor but Thank you Everyone!

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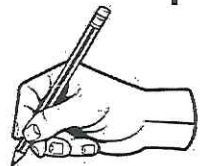
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Aventa has really helped build
a solid foundation to my recovery.
I will be forever grateful to have
this experience.

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