

## Transitions Program Overview

Aventa has been providing addiction treatment services for women since 1970. Incorporating curriculum materials by Dr. Stephanie Covington, Aventa provides concurrent capable, trauma informed, gender responsive addiction treatment programs to meet the unique needs of women.

**Aventa's Transitions Program** reduces barriers and improves outcomes for women who are diagnosed with FASD, or may have FASD without a diagnosis, and are accessing addiction treatment at Aventa. The program is funded via the Calgary Fetal Alcohol Network (CFAN). Through the Transitions Program, Clients can:

- Attend the Aventa Short Term 6 week Program and Long Term 90 day Program in a fully funded, priority admission bed. **There is no cost to women to attend the Aventa Transitions Program.**
- Access the FASD Transition Coordinator for additional support.

This FASD Transition Coordinator support is available in pre-treatment, during treatment at Aventa, and for 90 days post-treatment, after leaving Aventa. The Transition Coordinator will follow-up with any Client identifying FASD on application or in assessment. This additional one-on-one support can include helping Clients:

- Better understand the Aventa treatment program materials
- Learn about FASD
- Set goals
- Develop skills
- Develop coping strategies
- Access community supports like medical, financial, housing, legal, and recovery programs
- Connect to FASD specific resources
- Make and attend appointments
- Make a plan for after treatment at Aventa

### Application Process

- Clients must be 18 years of age or older and must be an Alberta resident.
- Prior to the assessment, an Application Form needs to be completed which can be found on Aventa's website: [www.avena.org](http://www.avena.org)
- After completion and submission of the Application Form, the Client must call Aventa at (403) 245-9050 to schedule an Assessment.
- Once the Assessment has been completed, Aventa's Admissions Counsellor will create an Individualized Plan for priority admission.

