



AVENTA

CENTRE OF EXCELLENCE FOR WOMEN WITH ADDICTIONS

Pregnancy Program Overview

Aventa has been providing addiction treatment services for women since 1970. Incorporating curriculum materials by Dr. Stephanie Covington, Aventa provides concurrent capable, trauma informed, gender responsive addiction treatment programs to meet the unique needs of women.

Aventa's Pregnancy Program provides low barrier access to live-in addiction treatment programming for pregnant women in our Short Term, 6 week Program and Long Term, 90 day Program. Through a partnership with Calgary Fetal Alcohol Network (CFAN) Aventa provides five funded priority admission beds to pregnant women seeking addiction treatment. **Pregnant women are admitted without delay with the opportunity to stay up to 4.5 months in Aventa's long term program. There is no cost to women to attend the Aventa Pregnancy Program.**

Aventa offers onsite wrap around services including:

- Medical Doctor
- Nursing and Clinical Staff with a background in mental health and addiction treatment
- Coordination of perinatal medical care
- Coordination of perinatal psycho-social services
- Parenting in Recovery Program
- Transportation services for medical appointments
- Post treatment housing coordination with community partners

Application Process

- Clients must be 18 years of age or older and must be an Alberta resident.
- Pregnant Clients will be seen for an assessment on a priority basis, usually within 1-2 business days.
- Prior to the assessment, an Aventa Application Form needs to be completed which can be found on Aventa's website: www.avena.org
- After completion and submission of the Application Form, the Client must call Aventa at (403) 245-9050 to schedule an Assessment.
- When a pregnant Client is calling for an assessment appointment, it is important that the Client notifies Aventa of her pregnancy so we can ensure her prioritized access.
- Once the Assessment has been completed, Aventa's Admissions Counsellor will create an Individualized Plan for priority admission.

