

# Journeys

## PROGRAM

The Journeys Program supports women with complex needs who are pregnant and / or parenting with addiction concerns. The program will provide pre and post treatment care for participants to support their recovery process and focus on creating a plan that identifies sustainable supports and removes barriers that could impact recovery.

The goal of the Journeys program is to provide timely, integrated services to pregnant or parenting women with addictions. These services will help in reducing risk factors and creating successful transitions through recovery by having pre and post treatment supports.

Journeys is a joint program offered by McMan Youth, Family and Community Services of Calgary & Area and Aventa Centre of Excellence for Women with Addictions. Both agencies bring knowledge and expertise in the areas of addiction and treatment, mental health and wraparound services.

We are confident that participants in this program will experience improved services while on the wait list for treatment, greater access to care after treatment and a stronger support network to rely on in their recovery journey.



AVENTA

# *Journeys*

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## P R O G R A M

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The Journeys Program will support and increase the capabilities of the family, friends and other natural supports that will encourage maintaining sobriety for participants. In doing so we believe we will see less relapses following treatment, more women entering treatment from the waitlist and less uncompleted treatments.

### CRITERIA / ELIGIBILITY TO PARTICIPATE IN JOURNEYS

- Women who have submitted an application to Aventa
- Women who are pregnant and / or parenting
- Women who are residents of Calgary or direct surrounding areas
- Women must complete a Release of Information and be willing to work with McMan and Aventa.

### REFERRALS

Please contact Aventa at (403) 245-9050

For further inquiries please contact the Journeys Supervisor at (403) 508-7667

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